



ADRC

Alzheimer's & Dementia Resource Center

Support and Hope for Caregivers

Support Groups

Email requests to join your group of choice to edith@adrccares.org

The Alzheimer's & Dementia Resource Center provides facilitated support groups for caregivers, family members, and friends providing care to persons living with a dementia related illness.

MAITLAND

2nd Thursday, 10 AM

IN PERSON

Maitland Presbyterian Church

Open Support Group

341 N. Orlando Avenue, Maitland, FL 32781

Conference Room

Facilitator, Jody Hampton

OCOOE

2nd Tuesday, 6 PM

IN PERSON – ZOOM OPTION

Orlando Health - Health Central Hospital

Open Support Group

10000 W. Colonial Drive, Ocoee, FL 34761

Held in Auxiliary Room on the First Floor

Facilitator, Nicole Valdez McClure

2nd Tuesday, 10 AM

ZOOM ONLY

Open Support Group

Facilitator, Alexandra Garnier Mercier

2nd Tuesday, 6 PM.

4th Wednesday at 1 PM

ZOOM ONLY

Fannie's Friends

Adult Daughters and Granddaughters

Facilitators, Tori Ricci, Stephanie Malally

1st Thursday, 10 AM

IN PERSON @ Perkins

3rd Thursday, 10 AM

ZOOM ONLY

Men's Breakfast Club (Men only)

Perkin's Restaurant

701 E State Rd 434, Winter Springs

Facilitators, Dennis Dulniak, Chuck Dudley

2nd Tuesdays, 10:30 AM

ZOOM ONLY

Michael's Moments

Caregivers to persons living with Young Onset

Alzheimer's disease

Facilitator, Edith Gendron

1st Wednesday, 10:00 AM

ZOOM ONLY

Support Group for Spanish Speaking Caregivers

for persons living with a dementia related illness

Facilitator, Alexandra Garnier Mercier

Alzheimer's & Dementia Resource Center

1410A Gene St, Winter Park FL 32789

www.ADRCCares.org • (407) 436-7750

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