



Support Groups

The Alzheimer's & Dementia Resource Center provides facilitated support groups for caregivers providing care to persons living with some form of dementia. .

Support Groups are sponsored by ADRC, University of Central Florida, The Department of Elder Affairs, Senior Resource Alliance and various community partners.

ALL SUPPORT GROUPS ARE CONDUCTED VIA ZOOM PLATFORM DUE TO COVID-19 UNTIL FURTHER NOTICE. Your email is required to participate.

WINTER PARK
2nd Wednesday, 6 p.m.

Fannie's Friends: A Support Group for
Adult Daughters and Adult Granddaughters
1925 Mizell Avenue, Winter Park, FL 32792
Advent Health Winter Park Conference Center

MAITLAND
2nd Thursday, 10 a.m.

Maitland Presbyterian Church
341 N. Orlando Avenue, Maitland, FL 32751
Conference Room

OCOEE
2nd Tuesday, 6 p.m

West Orange: Health Central Hospital
10000 W. Colonial Drive, Ocoee, FL 34761
Held in Auxiliary Room on the First Floor

WINTER PARK
2nd Tuesday, 10 a.m.

Easter Seals
2010 Crosby Way (formerly known as Mizell Ave.)
Winter Park, FL 32792

SANFORD
1st Tuesday, 6:30 p.m.

Conference Room
Winter Park, FL 32792
Atria Park of Lake Forest
5433 West State Road 46, Sanford, FL 32771

WINTER PARK 1st & 3rd
Thursdays, 10a.m.

Men's Breakfast Club at Denny's
2684 Lee Road, Winter Park, FL 32789
An informal gathering of male caregivers.
Men only.

Alzheimer's & Dementia Resource Center
715 Douglas Avenue, Altamonte Springs, FL 32714
www.ADRCCares.org • (407) 436-7750