



SUMMARY OF AGENCY SERVICES

Local Resources

- Adult daycare programs
- Assisted living and skilled nursing facilities with secure memory care units
- In-home care services (non-medical and medical) as well as other ancillary services
- Elder law attorneys, neurologists, geriatricians, neuropsychiatrists and other professional practitioners

Support Groups

- A variety of times and locations in Orlando and the surrounding areas
- Facilitated monthly by Alzheimer's & Dementia Resource Center in partnership with UCF

Caregiver Education (contact ADRC for details on training sessions, workshops, seminars, etc.) dates, times, locations and topics)

- Topics related to Alzheimer's disease and related dementias; other issues pertinent to the disease, wellness seminars

Care Coaching

- One on one coaching for families, or other involved persons regarding issues related to the disease; by phone or in person
- Help in developing coping skills, strategies, tools and self confidence for caregivers to use with persons living with Alzheimer's or other related dementias, throughout the disease process

Caregiver Training - "Savvy Caregiver" Series

- Six, two-hour classes providing skills development for those caring for an adult living with Alzheimer's or other form of dementia. Target audience is the non-professional (family, friend) caregiver.

State of Florida Brain Bank Research Program

- A long-running, nationally renowned autopsy study for those with AD. ADRC is one of only two enrollment centers in Florida.
- This study, while seeking a cure for AD, provides families with detailed diagnoses and closure, and assists health professionals and researchers with improving treatments and diagnostic tools for persons living with AD and other forms of dementia.

Call us or visit our website for details about all upcoming programs!

Most services are open to the public and free of charge. ADRC staff members are available for presentations to community, corporate and faith-based groups. As a non-profit agency, donations, bequests and other kinds of financial assistance are critical to our ability to provide programs and are always appreciated!