



Support Groups

The Alzheimer's & Dementia Resource Center provides staff-facilitated support groups for caregivers, family members, and friends providing care to persons living with some form of dementia. No reservation is necessary.

CASSELBERRY

2nd Thursday, 10 a.m.

Community United Methodist Church
4921 S. U.S. Highway 17-92, Room 14
Casselberry, FL 32707

Parking on the south side (back of the church) – use southwest gate entrance by day care.

OCOEE

2nd Tuesday, 6 p.m.

Orlando Health Central Hospital
10000 W. Colonial Drive, Ocoee, FL 34761

Meeting is in the Medical Plaza at the back of the hospital in the Auxiliary room on the first floor

WINTER PARK

2nd Tuesday, 10 a.m.

Easter Seals
2010 Crosby Way (formerly known as Mizell Ave.)
Conference Room
Winter Park, FL 32792

SANFORD

1st Tuesday, 6:30 p.m.

Atria Park of Lake Forest
5433 West State Road 46, Sanford, FL 32771

WINTER PARK – MEN'S

1st & 3rd Thursdays, 10 a.m.

Men's Breakfast Club at Denny's
2684 Lee Road, Winter Park, FL 32789

An informal and unstructured gathering of male caregivers.

Sponsored by ADRC, University of Central Florida, The Department of Elder Affairs, Senior Resource Alliance and various community partners.

Alzheimer's & Dementia Resource Center
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