Support Groups

The Alzheimer’s & Dementia Resource Center provides staff-facilitated support groups for caregivers, family members, and friends providing care to persons living with some form of dementia. No reservation is necessary.

**CASSELBERRY**
2nd Thursday, 10 a.m.
Community United Methodist Church
4921 S. U.S. Highway 17-92, Room 14
Casselberry, FL 32707

*Parking on the south side (back of the church) – use southwest gate entrance by day care.*

**OCOEE**
2nd Tuesday, 6 p.m.
Orlando Health Central Hospital
10000 W. Colonial Drive, Ocoee, FL 34761

*Meeting is in the Medical Plaza at the back of the hospital in the Auxiliary room on the first floor*

**WINTER PARK**
2nd Tuesday, 10 a.m.
Easter Seals
2010 Crosby Way (formerly known as Mizell Ave.)
Conference Room
Winter Park, FL 32792

**SANFORD**
1st Tuesday, 6:30 p.m.
Atria Park of Lake Forest
5433 West State Road 46, Sanford, FL 32771

**WINTER PARK – MEN’S**
1st & 3rd Thursdays, 10 a.m.
Men’s Breakfast Club at Denny’s
2684 Lee Road, Winter Park, FL 32789

*An informal and unstructured gathering of male caregivers.*

*Sponsored by ADRC, University of Central Florida, The Department of Elder Affairs, Senior Resource Alliance and various community partners.*

Alzheimer’s & Dementia Resource Center
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