Support Groups

The Alzheimer’s & Dementia Resource Center provides staff-facilitated support groups for caregivers. No reservation is necessary.

**APOPKA**
3rd Wednesday, 10 a.m.
First Baptist Church of Apopka
441 S. Highland Ave., Apopka FL 32703

**CASSELBERRY**
2nd Thursday, 6:15 p.m.
Seminole County Public Library, Central Branch
215 N. Oxford Rd., Casselberry, FL 32707

**OCOEE**
2nd Tuesday, 6 p.m.
West Orange: Health Central Hospital
10000 W. Colonial Drive, Ocoee, FL 34761
*Meeting is in Suite 281 Conference Room, next to South Elevators on 2nd floor.*

**ORLANDO**
2nd Tuesday, 10 a.m.
Reeves United Methodist Church
1100 N. Ferncreek Avenue, Orlando, FL 32803
*Please use Fellowship Hall entrance in the back of the church.*

**OVIEDO**
1st Wednesday, 1:30 p.m.
Oviedo YMCA
7900 Red Bug Lake Rd., Oviedo, FL 32765

**SANFORD**
1st Tuesday, 6:30 p.m.
Atria at Lake Forest
5433 West State Road 46, Sanford, FL 32771

**WINTER PARK**
1st Tuesday, 10 a.m.
Easter Seals Daybreak at the Miller Center
2010 Mizell Avenue, Winter Park, FL 32792
*Respite care is available during the meeting. Call to reserve: 407-629-4565.*

**WINTER PARK – MEN’S**
1st & 3rd Thursdays, 10 a.m.
Men’s Breakfast Club at Denny’s
2684 Lee Road, Winter Park, FL 32789
*An informal and unstructured gathering of male caregivers.*

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**SUMTER COUNTY GROUPS (Near The Villages)**

**WILDWOOD**
Every Monday, 9:30 a.m.
Brownwood Care Center (formerly Arbor Village)
490 S. Old Wire Road, Wildwood, 34785
*Respite care is available during above meeting. Call to reserve: 352-748-3322.*

**WILDWOOD**
First Fridays, 12:30 p.m.
Continental Country Club
50 Continental Blvd, Hwy. 44 East, Wildwood, 34785

Support Groups are sponsored by ADRC, State of Florida Department of Elder Affairs, Senior Resource Alliance and Orlando Health Memory Disorder Clinic.

Alzheimer’s and Dementia Resource Center
1506 Lake Highland Drive • Orlando, FL 32803
www.ADRCCares.org • (407) 843-1910 • (800) 330-1910