



Support Groups

The Alzheimer's & Dementia Resource Center provides staff-facilitated support groups for caregivers. No reservation is necessary.

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| APOPKA
3rd Wednesday, 10 a.m. | First Baptist Church of Apopka
441 S. Highland Ave., Apopka FL 32703 |
| CASSELBERRY
2nd Thursday, 6:15 p.m. | Seminole County Public Library, Central Branch
215 N. Oxford Rd., Casselberry, FL 32707 |
| OCOOE
2nd Tuesday, 6 p.m.
<i>Meeting is in Suite 281 Conference Room, next to South Elevators on 2nd floor.</i> | West Orange: Health Central Hospital
10000 W. Colonial Drive, Ocoee, FL 34761 |
| ORLANDO
2nd Tuesday, 10 a.m.
<i>Please use Fellowship Hall entrance in the back of the church.</i> | Reeves United Methodist Church
1100 N. Ferncreek Avenue, Orlando, FL 32803 |
| OVIEDO
1st Wednesday, 1:30 p.m. | Oviedo YMCA
7900 Red Bug Lake Rd., Oviedo, FL 32765 |
| SANFORD
1st Tuesday, 6:30 p.m. | Atria at Lake Forest
5433 West State Road 46, Sanford, FL 32771 |
| WINTER PARK
1st Tuesday, 10 a.m.
<i>Respite care is available during the meeting. Call to reserve: 407-629-4565.</i> | Easter Seals Daybreak at the Miller Center
2010 Mizell Avenue, Winter Park, FL 32792 |
| WINTER PARK – MEN'S
1st & 3rd Thursdays, 10 a.m.
<i>An informal and unstructured gathering of male caregivers.</i> | Men's Breakfast Club at Denny's
2684 Lee Road, Winter Park, FL 32789 |

SUMTER COUNTY GROUPS (Near The Villages)

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| WILDWOOD
Every Monday, 9:30 a.m.
<i>Respite care is available during above meeting. Call to reserve: 352-748-3322.</i> | Brownwood Care Center (formerly Arbor Village)
490 S. Old Wire Road, Wildwood, 34785 |
| WILDWOOD
First Fridays, 12:30 p.m. | Continental Country Club
50 Continental Blvd, Hwy. 44 East, Wildwood, 34785 |

Support Groups are sponsored by ADRC, State of Florida Department of Elder Affairs, Senior Resource Alliance and Orlando Health Memory Disorder Clinic.

Alzheimer's and Dementia Resource Center
 1506 Lake Highland Drive • Orlando, FL 32803
 www.ADRCCares.org • (407) 843-1910 • (800) 330-1910