



2017 “Caregiving Matters” Workshops Free to the public

Sponsored by



Friday January 13, 2017: How to Communicate When Logic Doesn't Work

This presentation provides information to the caregivers and family members an overview of Dementia and Alzheimer's disease with specific emphasis on communication and behavior issues

Friday February 10, 2017: How to Survive Your Role As Caregiver

This presentation provides information to the caregivers and family members on “how to take care of themselves” during this difficult journey

Friday March 10, 2017: How to Determine the Stages of Dementia

This presentation helps caregivers and family members better deal with their loved one by understanding the loss of cognitive function and what stage they are experiencing

Location: Atria At Lake Forest
5433 West State Road 46
Sanford, FL 32771

Times: Check in 9:30 AM
Presentation: 10:00AM-12:00PM

Please contact Cindi Spurgeon at 407-843-1910, ext. 301
or 1-800-330-1910 to register
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In partnership with the State of Florida Department of Elder Affairs and the Senior Resource Alliance