

Reading List

This is a partial list of books available in the ADRC library. To check out a book or to see a more complete list, please contact our office.

A Dignified Life, The Best Friends Approach to Alzheimer's Care

Virginia Bell and David Troxel

Alzheimer's Activities That Stimulate the Mind

Emilia Bazan-Salazar

Alzheimer's A to Z

Jytte Lokvig and John D. Becker

Alzheimer's Activities Book

B. J. Fitzray

Alzheimer's Disease—What If There Was a Cure? The Story of Ketones

Mary T. Newport, M.D.

Alzheimer's Early Stages

Daniel Kuhn

Bathing Without a Battle

Anne Louise Barrick, Joanne Rader, Beverly Hoeffler and Philip Sloan

Brain Rules

John Medina

Coach Broyles' Playbook for Alzheimer's Caregivers

Frank Broyles

Courage to Care

Joanne Parrent

Dementia Caregivers Share Their Stories

Lynda Markut and Anatole Crane

Dr. Ruth's Guide for the Alzheimer's Caregiver - How to Care for Your Loved One Without Getting Overwhelmed...and Without Doing It All Yourself

Dr. Ruth K. Westheimer with Pierre A. Lehu

Enrich Your Caregiving Journey

Margery Pabst and Rita Goldhammer

I'm Still Here

John Zeisel, PhD.

Learning to Speak Alzheimer's

Joanne Koenig Coste

New Hope For People With Alzheimer's and Their Caregivers

Porter Shimer

Staying Afloat in a Sea of Forgetfulness Common Sense Caregiving

Gary Joseph LaBlance

Take Your Oxygen First Protecting Your Health and Happiness While Caring for a Loved One With Memory Loss

Leeza Gibbons, James Hysman, PsyD, LCSW, and RoseMary DeAngelis Laird, M.D.

The 36 Hour Day

Nancy L. Mance and Peter Rabins

The Alzheimer's Prevention Program—Keep Your Brain Healthy for the Rest of Your Life

Gary Small, M.D. and Gigi Vorgan

The Caregiver Help Book

Vicki Schmall

The Caregiver's Path to Compassionate Decision Making

Viki Kind, MA

The Comfort of Home for Alzheimer's Disease

Maria M. Meyer; Mary S. Mittelman, Dr.PH; Cynthia Epstein, LCSW and Paula Derr, RN

The Complete Guide to Alzheimer's Proofing Your Home

Mark Warner

The Emotional Survival Guide for Caregivers—Looking After Yourself and Your Family While Helping an Aging Parent

Barry J. Jacobs, PsyD

The Everything Alzheimer's Book

Carolyn Dean, M.D., N.D.

What To Do When a Loved One Dies

Eva Shaw, Ph.D.

When Aging Parents Can't Live Alone

Ellen F. Rubenson, M.S.W.

100 Questions and Answers

Thomas Wisniewski and Marcin Sadowski