



## Can Your Loved One Be Left Alone?

At some point, you will need to determine if you can leave your loved one alone in the house for more than a few minutes without supervision.

**Warning signs that the time has arrived for more supervision, is when your loved one:**

- Forgets to turn off the stove when cooking is done.
- Forgets to turn off the faucet when they are done using the water.
- Forgets to close the front door after entering the house.
- Not able to use the telephone to call for assistance from neighbors or emergency personnel (to call 911).
- Does not notice dangerous situations such as fire or spilled water on the floor.
- Is unpredictable or confused under stressful conditions.
- Becomes agitated, depressed or withdrawn when left home alone.
- Wanders or becomes disoriented.

**What should you consider as the disease progresses:**

- Keep evaluating whether the person can be left alone.
- Realize that there will come a time when your loved one will need supervision at all times.
- Know your options in the community by utilizing Adult Day Care and In Home Care options.

*The Alzheimer's & Dementia Resource Center is providing this list of businesses so that our clients have a place to begin their search in order to fill a particular need. The Resource Center does not endorse or approve any business on this list and is not responsible for the quality of services they provide. Businesses do not pay to be included and are listed in alphabetical order. Please use your judgment and ask questions before utilizing the services of a particular business. Updated 6/2012*