



## Support Groups

The Alzheimer's & Dementia Resource Center provides staff-facilitated support groups for caregivers and family members. No reservation is necessary.

- OCOE** West Orange: Health Central Hospital  
2nd Tuesday, 6 p.m. 10000 W. Colonial Drive, Ocoee, FL 34761  
*Meeting is in Suite 281 Conference Room, next to South Elevators on 2nd floor.*
- ORLANDO** Reeves United Methodist Church  
2nd Tuesday, 10 a.m. 1100 N. Ferncreek Avenue, Orlando, FL 32803  
*Please use Fellowship Hall entrance in the back of the church.*
- SANFORD** Atria Park of Lake Forest  
1st Tuesday, 6:30 p.m. 5433 West State Road 46, Sanford, FL 32771
- WINTER PARK – MEN'S** Men's Breakfast Club at Denny's  
1st & 3rd Thursdays, 10 a.m. 2684 Lee Road, Winter Park, FL 32789  
*An informal and unstructured gathering of male caregivers.*

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### SUMTER COUNTY GROUPS (Near The Villages)

- WILDWOOD** Brownwood Care Center (formerly Arbor Village)  
Every Monday, 9:30 a.m. 490 S. Old Wire Road, Wildwood, 34785  
*Respite care is available during above meeting. Call to reserve: 352-748-3322.*
- WILDWOOD** Continental Country Club  
First Fridays, 12:30 p.m. 50 Continental Blvd, Hwy. 44 East, Wildwood, 34785

*Support Groups are sponsored by ADRC, State of Florida Department of Elder Affairs and the Senior Resource Alliance*

**Alzheimer's and Dementia Resource Center**  
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